FORT SAM HOUSTON CONTRACTOR LEAGUES L

"One Team, Supporting Military Missions and Family Readiness!"

Military monitors Swine Flu with focus on protecting force

By Donna Miles

American Forces Press Service

WASHINGTON – The Defense Department is monitoring the swine flu situation closely, with its primary focus on protect ing the military population, a senior Pentagon official said April 27.

As the Department of Health and Human Services leads the U.S. effort, the military is posturing itself to respond if required, Pentagon spokesman Bryan Whitman told reporters.

"We certainly have a number of contingency plans for dealing with health incidences like this, because our primary goal is preservation of the fighting force," he said. "So we obviously have plans and take measures to ensure that we can preserve the fighting strength of the military in

the event that there should be a greater crisis with respect to a health situation like this."

Two prescription antiviral drugs, relenza and tamiflu, already are standard stock at U.S. military treatment facilities, and larger quantities are stockpiled at several sites in the United States and overseas, Whitman said.

President Barack
Obama told the National
Academy of Sciences
today the emerging incidence of swine flu in the
United States "is obvious
ly a cause for concern
and requires a heightened state of alert, but
it's not a cause for
alarm."

The Centers for Disease Control has confirmed 40 cases of swine flu virus infection in the United States in California,

See SWINE FLU P5

HOLOCAUST DAYS OF REMEMBRANCE



Principal Isabell Clayton and students Kaitlan Vasquez, Jeremy Fuentes, Guster Cunningham, Imani Childress and Alec Porter light candles April 22 representing the lives lost in each of the concentration camps during the Holocaust Days of Remembrance commemoration ceremony at the Sam Houston

Cole High School

Holocaust survivor shares her story

Story and photo by Lori Newman
Fort Sam Houston Public Affairs Office

Fort Sam Houston hosted a Holocaust Days of Remembrance commemoration April 22 at the Sam Houston Club with a very special guest speaker, Holocaust survivor Anna Rado. Rado was 13 years old, growing up in a small town in Hungary in 1944, with a population of about 3,000 people, 300 of which were Jewish.

Her family consisted of her mother and father, a brother and sister. At 7 years old her brother was drafted into the army. Her family owned two meat markets in town, one for the Jewish people and one for the gentiles; they also exported cattle to the neighboring countries.

"March 18, 1944 the German's marched into Hungary," Rado

See HOLOCAUST P4

Fort Sam Houston
Post Wide Community

A R D SALEXMAY

Post Housing Areas &
MacArthur Parade Field Pavilion
7 a.m. to 1 p.m.
See page 8 for map

THE EVENT IS OPEN TO THE PUBLIC

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PUBLICAFFAIR

NEWS LEADER APRIL 30, 2009 APRIL 30, 2009

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Foreclosure Avoidance Scams: What you need to know

By Sarah Coats

Army Community Service Financial Readiness Program

In today's economy many Soldiers and Family members are faced with the threat of home foreclosure. Homeowners may be drawn to any offer of immediate relief.

Many advertisements are aired on the radio or on the Internet guaranteeing foreclosure avoidance or mortgage modification.

> There are many fraudulent companies targeting desperate homeowners and not only could people end up losing valuable time and money they could possibly lose the exact thing they were trying to save, their home.

> > The federal govern-

announced a crackdown against fraudulent companies advertising homeowner assistance. These companies, often with Web addresses or logos that mimic government Web sites, promise to modify a homeowner's mortgage to reduce monthly payments, lower interest rates or stop foreclosure proceedings.

ment has recently

The companies can charge large up-front fees of \$1,000 or more and then do absolutely nothing to assist the homeowner. They do not contact the lender nor do they help the homeowners. They do not even make court appearances in foreclosure proceedings. And needless to say,

In fact, these companies can cause additional

they do not save homes.

loses money and precious time when he could have been working with the lender or a legitimate counselor. Homeowners struggling to make monthly mortgage payments or facing foreclosure should seek assistance from legitimate gov ernment programs, all of which are free.

harm. The homeowner

The Making Home Affordable program assists eligible homeowners in refinancing or modifying existing mortgages For more information, visit http://Making HomeAffordable.gov or call 1-888-995-HOPE (4673).

Homeowners can also receive free foreclosure prevention assistance from legitimate nonprofit counselors who are certified by The Department of Housing and Urban Development. Local counselors can be found at http://www.hud.gov or by calling 800-569-4287.

Some keys to prevent falling prev to mortgage or foreclosure scam artists are: • Never pay fees for mort-

- gage assistance. Charging a fee is a red flag that the company is not legitimate • Work only with a nonprofit, HUD-approved
- counselor. • Be wary of guarantees Legitimate businesses do not guarantee that a foreclosure process will not
- Know what you are signing. Some unscrupulous companies have convinced homeowners to sign over the title to their house or might sell it to a straw buyer, promising to deed it back after the pay-

doing just this some homeowners have lost their homes and never heard from the company again. A legitimate coun selor will never take the deed to a house

ments are modified. By

• If it sounds too good to be true, it probably is. Check the government's official Web sites for legitimate information. If you suspect you have

been a victim of a mortgage modification or foreclosure avoidance scam, contact the State Attorney General, the FBI or the Federal Trade Commission.

Individual counseling is also available by appointment at with Army Community Service Financial Readiness Group. For more information or to make an appointment, call 221-1612.

Frequently Asked Questions about Swine Influenza

0. Is the vaccine Soldiers received in 1976 still good?

A. The Swine Influenza seen in this outbreak has not been previously detected in pigs or humans. The 1976 vaccine was made against a different strain of influenza and would not protect against this one.

Q. What plans do hospitals have in case of a

A. Military and civilian

hospitals have emergency response plans for mass casualty situations and epidemics. The military health system developed these plans to deal with emerging diseases, such as pandemic influenza, and is coordinated with the civilian system to ensure close cooperation with the civil authorities.

0. Who is most vulnerable to infection or death?

A. Influenza typically is most dangerous for the

very old or very young. According to the World Health Organization Web site, the majority of these cases have occurred in otherwise healthy young adults. As more is learned about this particular outbreak, there will be more information on who is most vulnerable to this

infection. Q. Have any Soldiers or other Army patients been infected?

A. We are aggressively

Thought of the Week

"If you must choose, take a good name rather than great riches; for to be held in loving esteem is better than silver or gold." — Proverbs 22:1)

(Source: "Quips, Quotes, and Quests" by Vern McLellan, Harvest House Press, OR)

monitoring any soldiers hospitalized for influenzalike illnesses. To date, there have been no confirmed cases of Swine

Influenza in any soldiers

or in any patients in Army hospitals.

0. What is the Army doing as far as education and prevention?

A. The Army is working closely with the rest of See Q&A P6

Weekly Weather Watch Antonio Kabul Afghanistar **78°** 78° 75° 71° 71° | 78° Baghdad 91° 95° 91° 89° 89° 96°

News Briefs

By Jen Rodriguez

Public Affairs Office

Brooke Army Medical Center

A standing ovation

was in order for seven

27 for a Purple Heart

wounded warriors April

Ceremony held at Brooke

Army Medical Center's

fourth floor auditorium.

tion and the oldest mili-

world, the Purple Heart

is awarded to members

United States, who are

wounded by an instru-

of the enemy.

ment of war in the hands

Warriors Pfc. Philip

Canafax, Pfc. Benjamin

Ballard, Staff Sgt. Adam

Sharp and Pvt. Fernando

a packed house of sup-

Soldiers, civilians, med-

Lofton, Spc. Joshua

Odom, Pfc. Andrew

Bradley, Pvt. Jackie

porters, including

and members of the

Military Order of the

Purple Heart, Chapter

Brig. Gen. James

Gilman, commanding

general, Great Plains

Command and BAMC,

it was no doubt that

Heart recipients,

and ceremony host, said

Regional Medical

1836.

of the armed forces of the

tary decoration in the

An American decora-

Giant Voice

The Fort Sam Houston **Installation Operations Center** will be using the Giant Voice System April 30 in support of the **Brooke Army Medical Center** Mass Casualty Exercise.

2009 Year of the NCO Army Strong Dining-In The 2009 Year of the NCO -

Army Strong Dining-In will be held May 1 at 6 p.m. at the NCO Club, Fort Sam Houston. All noncommissioned officers are invited to attend this great event. Contact your battalion for tickets and a T-shirt. NCO's lead the way, HOOAH!

Asian Pacific Heritage opening ceremony

An Asian Pacific Heritage opening ceremony will be held May 7 from noon to 1 p.m. at Army Community Service, Building 2797. For more information, call Master Sgt. Megan Grant at 295-6800.

Military Spouse Appreciation Day The Fort Sam Houston Family

and Morale, Welfare and Recreation Directorate will host a Military Spouse Appreciation Day May 8 from noon to 6 p.m. at Army Community Service, Building 2797. This is a free event to recognize military spouses for their contributions and sacrifices. Vendors will be on hand providing free services such as waxing, massages, and haircuts. A children's area will be available to include inflatable bouncers and games. Refreshments will be provided. There will be drawings with door prizes and give-a-ways. All military spouses are welcome. For more information, call 221-2705.

BAMC awards Purple Hearts for seven wounded warriors

Purple Heart recipients Pfc. Philip Canafax, Pfc. Benjamin Ballard, Staff Sgt. Adam Lofton, Spc. Joshua Odom, Pfc. Andrew Bradley, Pvt. Jackie Sharp and Pvt. Fernando Salazar take the stage for another round of standing ovations, after the Purple Heart Ceremony April 27 at Brooke Army Medical Center. and Sharp received addi-

Salazar were honored by tional awards for their exemplary actions in combat.

"Everything that I trained in AIT to be a ical staff, Civilian Aides to the Secretary of the Army combat medic was wellingrained in me to be in a situation and have it kick in," said Canafax, recipient of the Bronze Star with valor for exceptionally valorous achievement, heroism, unwavering courage and commitment, which allowed him to save the lives of his fellow crew members while many have witnessed our suffering from his own injuries, during a com-Purple Heart ceremonies.

"It's an honor to proplex attack. vide care for them (war-Receiving the Bronze riors) at BAMC," he said. Star, means a lot, he said, "We're blessed with some "I feel like there were pretty amazing facilities.' other people who did Of the seven Purple more heroic things than

me, but it means a lot Canafax, Ballard, Bradley to be put in there

(category)."

5th Squadron, 4th Cavalry Regiment, 2nd Brigade Combat Team 1st Infantry Division, Canafax was injured Dec. 14, 2008 in Irag. While returning from a patrol mission, an armor-piercing grenade was thrown at his vehicle and exploded resulting in his combat injuries.

Canafax and his wife, Sarah both agree the care at BAMC has been extraordinary, because of the level of involvement of the healthcare providers. "They're always checking in on vou to make sure that there was always someone looking after you," they said.

Like Pfc. Canafax, Ballard also received a

Bronze Star for excep-Assigned to A Troop, tionally meritorious service in a combat zone with

exposure to risk of hostile action during Operation Iragi Freedom. A military policeman, assigned to the 978th Military Police Company, 716th Military Police Battalion, Ballard was injured Aug. 13, 2008 in Irag. While on patrol, his vehicle took a direct blast from an explosive formed projectile resulting in his combat injuries.

Bradley, an infantryman also received an **Army Commendation** Medal for meritorious service. The Burleson Texas native was injured Jan. 10 in Iraq, while assigned to D Co., 2nd Bn., 505th Inf., 3rd Bde. Combat Team. During a routine mission, his vehiexplosively-formed pene trator resulting in his combat injuries.

As a special tribute, Bradley was pinned by his uncle, retired Sgt. 1st Class Joe Lucido, who also served in Iraq. Lucido said taking part in the ceremony was the highlight of his military career.

cle was struck by an

Echoing Canafax's comment on BAMC's care, Sharp thanked hose who were instru mental in his recovery. "My highest praise and thank you is through Jesus Christ. Because of his mercy and grace that's why I stand here today," the combat engi neer said. "A lot of people gave up on me through a hard time. Thanks for never giving up on me. I almost gave up on myself. Thank you, thank all of va'll. Assigned to B

Company, 70th Engineer

Bn., Sharp was injured June 5, 2007 and July 21 2007 in Afghanistan, when his vehicle was struck by an IED resulting in his combat injuries. Sharp received a Purple Heart with two oak clusters signifying his second and third awards, along with a Combat Action Badge. The CAB is a special recognition to Soldiers who personally engage the enemy, or are engaged by the enemy during combat opera-

Lofton, of Lubbock, Texas, was injured June

See AWARDS P7

NEWS LEADER APRIL 30, 2009 APRIL 30, 2009

HOLOCAUST from Pl

PAGE 4

said. "Then our lives changed completely. Shortly after the

Germans marched in we were not allowed to attend school any more, she said.

"Jewish people had to wear yellow stars to be marked as Jewish. Rado said, three

weeks after the Germans invaded Hungary a man came into the town square and told the Jewish people to pack about three suitcases. In the morning, Rado

and her family were taken to a ghetto, and within a month or so they were taken to a bigger ghetto that held thou-

a railroad station.

"We were put into

used to deliver animals.

ple crammed in there,

"Many people died on

three and a half days on

the train and arrived in a

town called Auschwitz.

voung and old," said

freight cars that were

sands of Jewish people. In June 1944, their names were called and of our parents." Rado, her father, mother They took us to a big

and sister were taken to allowed to keep our shoes. Our heads and bodies were shaved. There were 80 or 90 peo

"Later, it was a very good thing because cleaning was practically zero there," she said.

the train ride," she said. went out to the bath-"One thing I will never room. A lady saw her forget on my train ride . a mother was nursing a baby and the mother didn't have any milk, and old. The lady told her the baby was crying. But one person had some tomato paste in her suitcase," Rado said. "I can still see them feeding the them you are only 13 little baby with tomato paste. The baby was about three months old. We traveled about alive any more."

They opened the doors and told us to leave our belongings in the train; we would be able to get them later. When we got out of

the train, the men and women were separated. Rado said she never saw her father again.

Rado, her mother and her sister were then brought in front of the selection committee.

"The selection committee was always Dr. (Josef) Mengele. ... Our lives depended practically on him, he was telling who will live and who will die," she explained.

Mengele pulled her mother away from her and her sister.

"We never saw our mother again," Rado said. "That was the end

hall, where we were told to undress, but we were

Later that evening she

and asked her how old she was. Rado told the lady she was 13 years "Don't ever say you are 13 years old. Tomorrow morning there will be a selection and if you tell they will take you back to your mother, but your mother and father aren't

Rado went back and told her sister and her aunt what the lady had



Photo by Lori Newman

U.S. Army Garrison Commander Col. Mary Garr presents Anna Rado, Holocaust survivor, a plaque recognizing her participation in the Holocaust Days of Remembrance commemoration ceremony April 22.

said to her. Rado's sister did not believe what the lady said, "What does she know, why wouldn't our parents be alive anymore."

In the morning, Mengele put Rado with the younger children.

Rado said she remembered what the lady had told her, so during the night instead of going back to the children she went to another barracks where she found her 16year-old cousin.

Rado and her cousin worked every day carrying rocks from one place to another.

After being at Auschwitz for about six weeks, she saw a group of people standing near the electric fence. Rado yelled to them asking if there was anyone from her home town. Her sister was in the group of people.

Rado's sister told her they were being taken away from Auschwitz to another labor camp. Her sister survived, however, Rado did not see her sister again for 13 years.

I always believed that God would get me through this. "My faith was very important to me," Rado said. Rado stayed in

Auschwitz until October 1944. Mengele then sent her along with about 150 other Jewish people by train to Czechoslovakia to another camp where she worked in an airplane factory.

In February 1945, the Russians were coming, so the Germans moved us to another camp, she said.

"The work there was very hard," said Rado.

She staved in the camp until May 9, 1945 when the war was over. Once the war was

over, Rado walked for three days to get to her family's home. When she got to her hometown, someone told her that her brother was alive.

She walked the final three miles to find her house in shambles, but her brother was at a

neighbor's house. Rado later found out

that her cousin was shot, execution-style. Even though we were

home, we were over Russian rule. There were mines on the borders so no one could leave Hungary, she explained

After about two weeks or so, a man came by with a letter from her sister. The letter said that she was liberated by the Americans, and she wanted to come home but she couldn't because the border was closed. Rado married and had

two children.

In 1956 Rado left Hungary with her husband and children; along with her brother and his family. They came to San Antonio where they were reunited with their sister after 13 years.

Rado now has five grandchildren and one great grandchild on the way.

"Anna Rado is a very special lady. She works with us almost on a

children about her experiences, to share with them what happened She was one of the few Hungarian survivors of the Holocaust," said Maxine Cohen, Holocaust Memorial director. Jewish Federation of San "Her impact on young

people is almost indescribable, particularly because of her story, but most importantly. because of who she is She is a woman who does not harbor hate and speaks a message of total acceptance and understanding."

After Rado spoke Col. Mary Garr, U.S. Army Garrison commander. presented Rado with a momento for sharing her experiences. "Her story I know

touched every single one of you today. Her story and all the others who were there during that time, we can not forget what they went through, especially in light of what is going on today," Garr said. "I encourage you to take back her story and take a moment to reflect on what our world has been through, how far we have come, but yet how much further we have to go."

included the singing of the National Anthem by Spc. Leslie Furtado, Army Medical Command Band; invocation by Gordon Scheckman Jewish lay leader, Fort Sam Houston and a candle lighting ceremony performed by Cole High School students.

The ceremony also

NEWS LEADER PAGE 5

Soldiers learn about Holocaust

By Jewel Terrell Hacienda Recreation Center

Approximately 85 Soldiers from 32nd Medical Brigade were present at the annual Days of Remembrance ceremony April 23 at the Hacienda Recreation Center. The guest speaker and

master of ceremonies for the ceremony, Ben Paniagua, manager of the **Hacienda Recreation** Center, gave a memorable and moving speech focusing on the Holocaust and a solemn remembrance of the six million lives that were lost in that tragic event, considered to be one of the worst and most horrific chapters in the history of the world.

To highlight the event the last twenty minutes of the movie "Sophie's Choice" was shown to the Soldiers. The movie, a 1982 American drama, tells the story of a Polish immigrant and the horrific choice that she had to



a moving speech focusing on the Holocaust during the annual Days of Remembrance ceremony April 23 at the Hacienda Recreation Center.

Holocaust. The movie starred Meryl Streep, Kevin Kline and Peter MacNicol.

Polish immigrant, Sophie Zawistowiski. Streep's performance won her the Academy Award for Best

Ben Paniagua, guest speaker and master of ceremonies, gives

make during the

Meryl Streep plays a

other. The movie epitomizes the choices that some people had to make and the

The Soldiers were mesmerized by the movie and the story of a young Polish mother who upon arriving at Auschwitz, a Nazi concentration camp, with her

children had to choose between life for one of her children and death for the

capturing the essence of

the reason for the remem-

brance, that racial, cultur-

strength that they had to Brigade and the sponsorposses in order to live with ship office of Directorate of Morale, Welfare and the decisions they had **Recreation Marketing** The moving performances in the movie was highly instrumental in

should not be the reason for hate and prejudice. Visibly moved and sad-

or religious preference

dened by the movie, Pvt. Kyle Smith, B Company, 264th Medical Battalion said, "I could not make that decision, I just couldn't make it."

Pvt. Dustin Warriax, also from B Company, 264 Med. Bn. said "This event was very educational. I didn't know about this. It is not very often that people continue to educate people about things like The program was pre-

sented by the Hacienda

Recreation Center, the

Equal Opportunity Office of the 32nd Medical Meanwhile, the U.S. Office of Personnel **Management Director** John Berry distributed

SWINE FLU from Pl

Kansas, New York City, Ohio and Texas. Greater cases of infections have been reported internationally, particularly in Mexico. Obama said HHS has

declared a public health emergency only "as a precautionary tool to ensure that we have the resources we need at our disposal to respond quickly and effectively." HHS, the CDC and the Department of Homeland Security will provide the American people regular updates about steps being taken and precautions that may be required, he

— Avoid touching your eves, nose or mouth. Avoid close contact with sick people and to stay home if you're sick to avoid infecting others.

effective.

CDC guidelines for pre-

swine flu to the federal

work force. Berry also

distributed guidance for

federal agencies to pro-

the public.

tect their work forces and

CDC recommends the fol-

lowing actions people can

— Cover your nose and

mouth with a tissue when

- Wash your hands often

especially after you cough

or sneeze. Alcohol-based

hand cleaners also are

take to stay healthy:

vou cough or sneeze.

Throw the tissue in the

trash after you use it.

with soap and water,

venting the spread of

Q&A from P2

the Department of Defense and with the Department of Health and Human Services to provide a coordinated response to this outbreak

strains that were used in

human influenza.

gency or an epidemic?

O. Will the flu shot provided in fall 2008 protect people from strain of influenza? A. This Swine Influenza strain is different than the human

creating the vaccine in emergencies. 2008. Therefore, we Today's declaration, made under section 319 would not expect any proof the Public Health tection from the vaccine for this particular strain. Service Act, will help HHS The vaccine will protect prepare for prevention against the commonly and mitigation activities by enabling Food and occurring strains of **Drug Adminis-tration** Q. Why do 20 infecemergency use authorizations constitute an emertions of drugs, devices, or

A. This is from the HHS website:

The Department of Health and Human Services issued a nationwide public health emergency declaration in response to recent human infections with newly discovered swine influenza the A virus. The formal declaration of a Public Health Emergency is a tool that facilitates HHS' preparation and mobiliza tion for disasters and

preparedness and medical tests under cer-

tain circumstances. Specifically, today's

PHE will enable the FDA to review and issue emerlaration, HHS leaders are gency use authorizations for the use of certain laboratory tests to help detect the newly discovered strain of influenza and for the emergency use of certain antivirals. "HHS is taking these steps today to be proac-

tive in responding to this new influenza virus by offering national tools in support of community-led response efforts," Acting **HHS Secretary Charles** Johnson said. "The declaration allows us the flexibility, while we learn more about the virus and its impact in the United States, to take additional steps to fully mobilize our prevention, treatment and should those actions become necessary." In addition to the dec-

mitigation capabilities

working together across operating divisions to coordinate response to the swine flu outbreak. For example, the FDA, the National Institutes of Health, and the Centers for Disease Control and Prevention are working together to develop a vac cine precursor that could be used to develop a vaccine for this swine flu

Q. Are deployed Servicemembers in danger of infection; what pre ventive measures are in place across the Army?

A. Based on the most recent information, deploved service members are at no increased risk of

encouraging everyone to recommends that you follow the recommendastay home from work or school and limit contact tions from the Centers for Disease Control on what with others to keep from can be done to stay infecting them.

infection. The Army is

healthy. These recom-

you cough or sneeze.

trash after you use it.

often with soap and

eyes, nose or mouth.

Germs spread that way.

- Try to avoid close

contact with sick people.

spread mainly person-to-

person through coughing

Influenza is thought to

also effective.

or sneezing.

Throw the tissue in the

- Wash your hands

water, especially after you

cough or sneeze. Alcohol-

based hands cleaners are

- Avoid touching your

Cover your nose and

mouth with a tissue when

mendations are:

0. Is this an epidemic or pandemic and what is the difference? **A.** An outbreak is

If you get sick, CDC

when there is an increase in the number of cases of a disease above the baseline levels. When there are a large number of cases that constitutes an epidemic. When there are multiple sites around the world of large numbers of cases that is a pandemic. The CDC is currently calling this an epidemic, but both military and civilian experts around the world are monitoring this closely.

(Source: US Army Medical Command Public Affairs)

APRIL 30, 2009 NEWS LEADER PAGE 7

Combat medics practice core warrior skills

By Lt. Shawn Brooks

232nd Medical Battalion

Soldier Medics from B

Company, 232nd Medical Battalion took part in Warrior Core Skills training April 20 at Fort Sam Houston to prepare for their upcoming Field Training Exercise at Camp Bullis. The Soldiers, who

train day-to-day to be combat medics, took time out of their medical training to revisit some of

14, 2008, while conduct-

ing a cordon and search

of an Iraqi residence. The

cavalry scout, assigned to

B Troop, 1st Bn., 3rd

Armored Cavalry

AWARDS from P3

Regiment, was engaged by an insurgent in handto-hand combat resulting in his combat injuries.

Dallas native, Odom was also honored by his brother, Dustin, a Marine corporal, who pinned on

the core tasks that all

Soldiers must become

proficient on; in all there

B Co. focused on four

of those tasks to further teach the Soldiers. The

tasks trained were react-

ing to an ambush, react-

ing to indirect fire, evalu-

ating a casualty and

tasks were introduced

by conducting a walk-

are a total of forty war-

rior tasks.

breaking contact. These and the Soldiers became familiar with them again

> infantryman assigned to C Co., 1st Bn., 24th Infantry, 1/25 Stryker Bde. Combat Team, Task Force Lightning, Odom was injured March 23 in Iraq, while on guard

his Purple Heart. An

The training was the first step in a learning

process that will move to a "run" phase where the Soldiers will conduct the drills in a real-world environment at Fort Sam Houston and eventually will end with a culminating event during their Field Training Exercise at Camp Bullis.

through of all the drills.

It was a welcome break for the Soldiers who have spent a majoridoctrine for Combat ty of their time at Fort Medics.

mental and emotional toughness.

shack exploding, which resulted in his combat The combat engineer,

Sam Houston in a classroom. One Soldier commented, "I get a chance to play 'Soldier' again." The 68W-Combat

Medic training program

duty. A grenade was

injuries.

thrown into the guard

With less than a week

of instruction begins with

training to gain National Registry Emergency B Company, 232nd Medical Battalion Soldiers simulate Medical Technician certireacting to indirect fire April 20 during Warrior Core Skills fication and ends with field-craft training which combines what they This group of 68W-The 16-week course is learned in preparation very rigorous and tests Combat Medics is schedfor NREMT and military the Soldiers physical, uled to complete the course on July 2.

> after being released from the hospital, Salazar walked on stage, accompanied by his wife, Anja. assigned to B Co., 9th



Eng. Bn., was injured Feb. 17 in Iraq. While on a route clearance mission, his vehicle struck a landmine resulting in his combat injuries.



Retirees



(From Left) Lt. Col. Bernard Cenney, Great Plains Regional Medical Command; Sgt. 1st Class Robert Wilkinson, 232nd Medical Battalion; Chief Warrant Officer Christopher Hart, 314th Military Intelligence Battalion and Staff Sgt. Haywood Banks, Warrior in Transition Battalion are honored for their service during a retirement ceremony Feb. 26 at the post flagpole. The News Leader staff would like to apologize for not printing the photo in March.

APRIL 30, 2009 NEWS LEADER PAGE 9

Thousand golf clubs



Dr. Larry Bryson, (center) physician, retired medical director, Ambulatory Care Clinic, Old Brooke Army Medical Center, visits Fort Sam Houston April 24 to donate over 1,000 golf clubs to the Warrior and Family Support Center. An avid golfer, Bryson looked into his closet and garage one day and decided it was time to do something with the hundreds of golf clubs and accessories that he has been collecting and making for about ten years. He called Judith Markelz, WFSC program manager, and asked if he could donate the clubs, she said yes, he then rented a U-Haul and met assistant program mangers, Jorge Senguiz and Ike Maddox, Family and Morale Welfare and Recreation and several Warriors in Transition at the FMWR warehouse, Building 4192, who helped him unload the golf clubs. Spc. Sean Hollins, (second from left) one of the wounded warriors, who helped unload the truck said, the donation just might get him interested in playing golf.

Girl Scout Cookies



Jorge Senquiz (left), Warrior and Family Support Center program manager assistant and Charles Dominguez, WFSC facility manager, work hard April 23 unloading boxes of Girl Scout cookies donated by Operation Interdependence®, Inc. for wounded warriors and their Families. An eighteen wheeler from Chuck's Transport, New Braunfels, Texas delivered about 36,000 boxes of Girl Scout cookies to the Fort Sam Houston WFSC. The yummy snacks were presented to the WFSC as a means of saying thank you to the wounded warriors who are recovering at Brooke Army Medical Center.



Law Day golf scramble

PAGE 10

A Fort Sam Houston Law Day Golf Scramble will be held May 1 at 10 a.m. at the Fort Sam Houston Golf Course. The cost is \$40, which includes green fees, cart and lunch. All friends, Family and employees related to the San Antonio Judge Advocate General, law enforcement and military com mand and legal communities are welcome. For more information or to register, e-mail scott.r.crivelli@us.army.mil by April 20.

Swim lessons

The Fort Sam Houston Aquatic Center in conjunction with the American Red Cross will hold swim lessons for children 16 years and under beginning in June. All sessions have two classes, 9 to 9:45

a.m. and 11 to 11:45 a.m. All sessions have a parent and child class at 11:15 to 11:45 a.m. for children 4 years old and under. Each session includes eight days of lessons, class photo, T-shirt and a certificate of completion. Registration fees are \$40 for ages 16 and under and \$35 for Parent

May 5 from 11 a.m. to 7 p.m. at the Aquatic Center. For more information, call 221-1234 or 221-4887.

Child classes. Registration begins

Fort Sam Houston '10-Miler' run

Fort Sam Houston Sports and Fitness Branch will host a 10 mile qualifier for the Fort Sam Houston Running Team May 10 beginning at 7 a.m. at the Jimmy Brought

register now at the Jimmy Brought Fitness Center or same day registration will begin at 6 a.m. on run day. A registration fee of \$18 for military and \$25for all others will apply. The 10-Miler is open to military and the local community. For more information, call 221-1234.

Fitness Center. Participants may

Memorial Day Scramble The Fort Sam Houston Golf

Club will host a 2 person scramble on May 25 with a 1 p.m. Shot Gun start. Cost is \$35 for FSH Golf members and \$50 for all nonmembers. This event is open to all DoD ID card holders and Government Contractors. For more information or to register call 222-9386.

ActionAirgun competition

The Jimmy Brought Fitness Center will host an ActionAirgun competition every Wednesday from 4:30 to 6:30 p.m. ActionAirgun is a competitive, target shooting

for the fastest time. Participants will shoot air guns at positioned targets which are determined by each week's "course of fire." The goal of the competition is to knock down the correct targets within the fastest time. For more information, call 221-1234.

sport where participants compete

Army Ten-Miler The Army Ten-Miler is celebrat-

ing its 25th anniversary this year on Oct. 4 in Washington, DC. This unique road race has both its start and finish lines at the Pentagon Race weekend activities include a two-day race expo, fitness clinics youth runs, post race party and HOOAH tents from Army installations around the world. The mission of the Army Ten-Miler is to promote the Army, build esprit de corps, support fitness goals, and enhance community relations. For more information, visit www.armytenmiler.com.

Judo Competition



Courtesy photo

(From left) Sensei Karl Johansen, Col. Bill Layden, Ron Hansen and Sgts. 1st Class Frank Guerra and Jeff Deickman participate at the USA Judo Nationals Senior and Masters competition April 17 and 18 in San Diego. Sgt. 1st Class Jeff Deickman, Fort Sam Houston Judo placed silver in the 30 to 34 age category; Sensei Karl Johansenm, Fort Sam Houston Judo placed silver in the 40 to 44 age category; Sgt. 1st Class Frank Guerra, Kiai Judo Club placed bronze in the 45 to 49 age category and Col. Bill Layden, Fort Sam Houston Judo placed bronze in the 50 to 54 age category.

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ACAP, OPM help Soldiers with Federal Employment

By Randy Norman Army Career Assistance Program Manager

Fort Sam Houston's transitioning Soldiers and Warriors in Transition Battalion population have a pressing need for detailed, focused, relevant training and knowledge pertaining to their applications for federal civilian employment. This fact has not gone unnoticed by Fort Sam Houston's Army Career and Alumni Program and the local Office of Personnel Management.

Working together to pool assets and provide the very best product in a reasonable amount of time, ACAP's Dr.

OPM's Kim Goffar collaborated and created a focused, fast-paced, state-of-the-art Federal **Employment Workshop** that spreads light on the technical, complex and sometimes complicated federal employment process. Soldiers no longer

Katherine Harris and

need to apply for federal employment by guessing what to put on a resume or not listing what governmental agencies really want to see. The workshop will show Soldiers how and what to say using references and instructions in black and

ACAP now offers a full-day workshop in about a little-known Web site of Fully Automated System for Classification, called "FASCLASS" for short. Subjects include how to decode a job announcement, the job description, the qualification standard, keywords and phrases to watch for, assessment areas, levels of ratings and the scoring system for federal employment.

which Soldiers will learn

The workshop is then followed by an individual evaluation that marks the Soldier's progress and maps a plan, and then the Soldier can signup for advance hands-on assistance in multiple half-day computer labs.

The end result will be

that students actually create and submit the federal application through Army Civilian Personnel On-Line. USAJOBS or other actual federal agency Web sites. The need for federal employees is projected to grow rapidly over the

next five years as a generation of employees retires. For more information or to register, call 221-1213 or visit www.

acapexpress.army.mil.

Similar classes are offered through the Soldier and Family Assistance Center. For more information on those classes, call Kim Goffar at 916-9252.

(From Left) Kim Goffar, Office of Personnel Management, federal employment assistance liaison, and Counselor Dr. Kat Harris, Army Career and Alumni Program, answer questions concerning job postings on USAJOBS posed by (sitting) Lt. Col. Angelique Lawyer, Public Health Staff Officer, Medical Command during the Federal Resumé Writing Class April 17 in the Learning Center, building 2247.



2009 Fiesta military coordinator Lt. Gen. Thomas Turner, commanding general, U.S. Army North, is surrounded by a floral wreath which was presented at a memorial service at the Alamo April 20.



Fort Sam Houston Joint Service Color Guard, hosted by Brooke Army Medical Center, leads the Fiesta Flambeau night parade April 25.

Michelle Czerw and Maj. Gen. Russell



Army Medical Department Center and School Color Guard present the National and service colors during the Vietnam Memorial Service held at the Veterans Square, Municipal Auditorium, April 26



Military ambassadors representing the Army, Marine, Navy, Air Force and Coast Guard services and members of the Army Medical Command Band enjoy the Texas Cavaliers River parade

Fort Sam Houston leaders ride down the river during the Texas Cavaliers parade.



Army Medical Command Band commander Chief Warrant Officer Douglas Paarmann and Master Sgt. Eric Basaro, drum major, lead the band along Grayson Street during the Flambeau parade, one of numerous Fiesta activities supported by the Army Medical Department musical ambassadors.



Thomas Turner smiles as Susan Turner responds to the traditional crowd request "Show me your shoes" during the Flambeau parade.



Maj. Gen. Russell Czerw

and Command Sgt. Maj.

Miss San Antonio and

military ambassadors at the

Flambeau parade. Czerw said, "Being able to participate in Fiesta and meet all the great citizens of San Antonio; to continue to build relationships and our friendships was just magnificent. This is a wonderful city, a very supportive city, not just to us here at Fort Sam

Howard Riles ioin

PAGE 12

Fort Sam Houston commanders and their command sergeants major join civilian organizations during the Pilgrimage to the Alamo honoring the heroes of the Alamo and the Battle of San Jacinto



PAGE 14

Announcements

BOSS variety show

The Fort Sam Houston Better Opportunities for Single Soldiers program is seeking talent for the upcoming New York street-style variety show entitled, "Boulevard of Music Dreams." BOSS variety shows have won first and second place in the Army Festival of the Performing Arts in previous years There will be parts for a variety of talents to include singing, dancing, instrumentals, graffiti artists and break dancers. For more information or to schedule an

Microsoft Office 2007 classes offered

224-7250.

audition, call Ben Paniagua at

Army Community Service's Microsoft instructor will offer the following Microsoft Office 2007 classes May 1 — Word Level 1; May 4 – Word Level 2; and May 6 – Excel Level 1 from 8 a.m. to noon at ACS, Building 2797 in the computer lab. Registration is required. For more information or to register. call 221-1841 or e-mail jennifer.lobo@us.army.mil.

Driver's education classes The Child. Youth and School

Services is offering a driver's education course through the Schools of Knowledge, Inspiration, Exploration and Skills program. Spring session class dates are now through May 21. Classes are open to all Department of Defense I.D. card holders. For information on class times, cost of course or to make a reservation, call 221-9548.

Fort Sam Houston Night at the Missions

host a Fort Sam Houston Night

The San Antonio Missions will

every Saturday home game this season. Tickets are only \$6 to sit in a special Fort Sam Houston section at Nelson W. Wolff Stadium. Free fireworks show after the game. For more information, call

Harlequin Dinner Theatre The Harlequin Dinner Theatre

will feature "Angel Street," a Victorian thriller by Patrick Hamilton, Thursday through Saturday evenings through May 23. This Broadway hit tells the story of the Manninghams, who live on Angel Street in 19th century London. For more information on show times or to make a reservation, call 222-9694.

Commanders training

The Family Advocacy Program, Commander and Senior Leader Training will be held the second Thursday of every month from 8 to 10 a.m. at Army Community Service, Building 2797, Stanley Road. The training is for new commanders, first sergeants, and senior leaders. This training needs to be completed within 45 days upon assumption of these positions. For more information or to register, call 221-0349 or 221-2418.

Warrior's scramble

Fort Sam Golf Club hosts a Warriors Monthly Scramble the first Friday of every month with a 12:30 p.m. Shotgun Start. Teams ranging from one to four people can register at the Pro Shop. A registration fee of \$25 per person will

226-1663.

movie nights May 8 - "Hotel for Dogs"

flagpole

Upcoming free

May 9 - "Wall-E"

8:15 p.m. at the Post

8:15 p.m. at the field between Youth Services and the Dodd Field Chapel Moviegoers should bring lawn chairs, blan-

kets and beverages. In case of inclement weather or muddy fields the alternate site for movie night will be the Army Community Service auditorium, Building 2797, movies will begin at 7 p.m. For more information, call 221-2418 or 221-2705.

apply. For more information, call 222-9386.

Calendar of Events

MAY 1

Five Love Languages

Army Community Service Family Advocacy Program will offer a three part class entitled, Five Love Languages, May 1, 8 and 15 from 5:30 to 7:30 p.m. at ACS, Building 2797. This class is designed to improve your understanding of your mate and explore communication styles in depth. For more information or to register, call 221-0349 or 221-2418.

MAY 2 Post garage sale

Fort Sam Houston will host a post-wide garage sale May 2 from 7 a.m. to 1 p.m. Items will be sold at individual homes, as well as, at the MacArthur Parade Field, All individuals interested in selling items must register through Outdoor Recreation, Building 1111. For more information or to

A Hearts Apart support group

will be held May 2 from 1 to 3 p.m. at Army Community Service. Building 2797. This group is designed for all military spouses whose partner is deployed or geographically separated. This is a great opportunity to come out meet others in similar situations and enjoy refreshments and prizes. Registration is required. For more information or to register, call 221-2418 or 221-2705.

MAY 3

Spring story time Keith A. Campbell Memorial

Library will host a spring story time May 3 at 2 p.m. Preschoolers toddlers and parents are invited to enjoy spring-time stories and plant flowers in take home pots. For more information, call 221-4702.

MAY 4 Unit Family Readiness

The Army Community Service Mobilization and Deployment Program will hold Unit Family Readiness training May 4 from 9 to 10 a.m. at ACS, Building 2797 For more information or register, call 221-2705 or e-mail samh.acs. mob.deploy@conus.army.mil.

Dad Difference

Army Community Service Family Advocacy program will offer a three-part class for dads May 4, 11 and 18 from 11 a.m. to 12:30 p.m. at the Red cross, Building 2650. This class shows dads how to be involved with their children from pregnancy to age five. For more information or to register, call 221-0349.

MAY 5 **Virtual Family Readiness Group training**

The Army Community Service Mobilization and Deployment

register, call 221-5224.

Hearts Apart Support group

Readiness Group training May 5 from 10 to 11 a.m. at ACS, Building 2797. For more information or register, call 221-2705 or e-mail samh.acs.mob.deplov@ conus.armv.mil. B.E.A.M.S. **Building Effective Anger**

Program will hold Virtual Family

Management Skills classes will be offered at two times for the convenience of attendees. The six-part day class will begin May 5 from 11 a.m. to 12:30 p.m. and the fivepart evening class will begin May 11 from 5:30 to 7 p.m. These classes will help to identify strategies to more effectively handle anger, resentment and frustration in your personal and professional life. For more information or to register, call 221-0349.

WEW salutes mothers

Army Community Service Family Advocacy Program will hold Women Encouraging Women, a lunchtime seminar, May 5 from noon to 1 p.m. at ACS, Building 2797. The topic will be, "Survival Tips for Moms — Mothering Yourself." For more information or to register, call 221-0349 or 221-0600.

Bank account management

Army Community Service Financial Readiness will hold a bank account management class May 5 at 2 p.m. at ACS, Building 2797. Call space is limited. For more information or to register call 221-1612.

MAY 6 Key caller training

The Army Community Service Mobilization and Deployment Program will hold a key caller training May 6 from 9 to 11:30 a.m. at ACS, Building 2797 For more information or register. call 221-2705 or e-mail

See MWR P18

APRIL 30, 2009 **NEWS LEADER**

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT

WEEKLY CAMPUS ACTIVITIES - MAY 4 TO 9

TEACHER APPRECIATION WEEK

May 7 — Great American Family Picnic front lawn of elementary

May 5 – Career Investigations eighth grade field trip to JA Finance

May 6 – Advanced Placement Calculus AB and Calculas BC

May 7 — Advanced Placement English Literature and Composition,

JROTC spring awards in Moseley gym, 7 p.m.

TAKS eighth, 10th grade and exit level science

May 9 – Intermediate Band trip/contest – Schlitterbahn Waterpark

May 8 – Advanced Placement U.S. History exam, 8 a.m.

and science building, 4 to 6 p.m.

TAKS exit level science retest

Middle school spring production in Moseley gym, 6:30 p.m.

Multi-culture celebration in courtyard between Moseley gym

Fort Sam Houston Elementary School

May 5 — End-of-year fine arts program, 5 p.m.

school, 5:30 to 6:30 p.m.

Robert G. Cole Middle and High School

AP Statistics Exam, 12 p.m.

Middle School C-awards

exam. 8 a.m.

8 a.m.

Park. 9 a.m. to 2 p.m.

Spirit day

May 8 – Fifth grade field day at Cole high school

Cole will host its second annudownloaded at www.fshisd.net or Middle School Basketball Camp picked up in the Cole Middle

June 8 to 11. The cost is \$50. School office. Registration forms Space is limited to 60 particiare due by May 15. pants. Registration forms can be

Cole Basketball Camp Registration Begins

Cole students learn to face fears By Elizardo Hernandez

Cole Middle School Assistant Principal

Cole Middle and High School students recently viewed a dynamic threescreen motivational production titled "Fearless" in the Moseley gymnasium. Middle and high school art show in Moseley Gym, 7 to 8:30 p.m. The character education production addressed fears common among students to include issues of substance abuse, reckless driving, and bullving.

"The examples and testaments in the video really hit home, making the program both powerful and true," stated Casey

Gresenz, Cole senior. Co-sponsored by the

school district and Angelo State University, the production provided real life examples of what can happen when teens disregard their own instincts. Clips from the latest Hollywood film and a blazing soundtrack of today's popular music engaged students in the film and displayed examples of how to live with fear in a healthy way, sharing strategies and stories of courage.

Members of the 2009 Eighth grade student team are: Jonathon Brooks, Eric Rolfe, Steven Anthony Jackson shared, Wade, Jake Walton, and "The video was cool!"

Cole golfer advances to state By Robert Hoffmann Lukas Walton.

Robert G. Cole High School

Robert G. Cole High

School golfer, Jake

Walton, advanced to the Texas state division 2A golf tournament during regional competition held April 20 and 21 in San Marcos. Walton won the third hole of a sudden death playoff courtesy of a fabulous approach chip shot to save par. "The tiebreaker was intense," said Cole teammate Steven Wade. "This was the most nervous I have ever been on the golf course. And was definitely the highlight of our golfing season."

held at Randolph Air Force Base's Randolph Oaks Country Club. This marked only the third time in school history that the golf team had advanced to the regional

The Cougars advanced

to the regional meet April

13 by placing second in

the 27-2A district meet

"Even though only one voung man is going to the state tournament as a participant, the entire team has far surpassed my expectations," stated team coach James Cox. "It is a true honor to be taking another one of Cole's fine young men to

The state tournamen will be held May 11 and 12 in Austin, Texas.



Tomorrow's leaders preparing today!

Ready Army is launching the Prepared Kids Competition. Prepared Kids recognizes the spirit and creativity of Army children and teens, and invites them to share their ideas for preparing for emergencies.

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This year's Ready Army Prepared Kids Competition theme is: Prepare Strong.

The competition is organized into three age groups; up to age 7, ages 8 to 12, and ages 13 to 18. Entries can be submitted by individuals or groups. Entries may be any product, idea or item related to preparing for any natural or manmade hazard. Suggested focus areas include getting an emergency supply kit, making a family emergency plan, being informed about the range of hazards or getting involved in community

activities to build local

preparedness. All creative mediums

Web site at

paredness. All entries

each category will be

sions and posted to the

Ready Army community

www.ready.army.mil for

a one-week internet vot-

ing period which will be

open to the public.

Votes will be tallied and winners will be are accepted if the theme announced during September, National relates to emergency pre-Preparedness Month. All finalists will be awarded must be received by midnight Aug. 12. Finalists in a Ready Army Prepared Kids Competition certifichosen from the submis-For more information

on the competition, visit the Prepared Kids Competition Web site http:// www.acsim.armv. mil/ readyarmy/ra_prep_ kids htm or call 295-0534.

Earth Day Celebration -



(From left) Gabriel Sones, Hannah Sones, Lili Rolfe, Julia Cornett, Braesha Andrews, Jacob Sones and Christian Sones, from the Artillery Post neighborhood, celebrate Earth Day April 22 picking up litter in their housing area.

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Rocco Dining Facility Menu

TODAY – MAY 1

Lunch - 11 a.m. to 1:30 n.m. Roast Beef, Chicken Fried Steak, Faiitas, Szechwan Chicken.

Mac & Cheese, Spanish Rice, Carrots, Zucchini Dinner -5 to 7 p.m.

Southern FriedCatfish, Veal Parmesan, Roast Pork, Cheese Tortellini, O'Brien Potatoes, Brown Rice, Mixed Vegetables, Brussels Sprouts, Baked Potatoes, Corn on the Cob SATURDAY – MAY 2

Lunch - 12 to 1:30 p.m.

Chilli Macaroni, Beef Cordon Bleu, Baked Fish, Broccoli, Cheese & Rice, Mashed Potatoes, Brown Rice, Vegetable Stir Frv. Stewed Tomatoes

Dinner -5 to 6:30 p.m.

Grill Pork Chop, Chicken Faiitas, Spinach Tortellini, BBQ Beef Cubes, Spanish Rice, Parley Buttered Potatoes, Corn on the Cob. Asparagus, Yellow Rice, Mash Potatoes, Cauliflower

SUNDAY – MAY 3

Lunch - 12 to 1:30 p.m.

Savory Baked Chicken, Pork Chop Suey, Ginger Pot Roast Mashed Potatoes, Veg Fried Rice, Brussels Sprouts Seasoned Cauliflow

Dinner -5 to 6:30 p.m.

Beef Enchiladas, Baked Ham, Sukiyaki, Cheese Enchiladas Glazed Sweet Potatoes, Spanish Rice, Brown Rice, Corn Spinach . Tamale Pie

MONDAY – MAY 4

Lunch – 11 a.m. to 1:30 p.m.

Chicken Parmesan, Baked Chicken, Spaghetti w/Marinara Pork Schnitzel, Roast Beef, Parsley Potatoes, Noodles Jefferson, Baked Potatoes, Broccoli Combo, Corn

Dinner -5 to 7 p.m. Rice Frittata, Steak Ranchero, Sweet & Sour Pork, Baked Sweet

Italian Sausage, Baked Chicken Breast, Steamed Rice, Potatoes AuGratin, Wax Beans, Sliced Carrots, Collard Greens, Red Cabbage w/sweet & sour sauce, Sliced Carrots TUESDAY- MAY 5

Lunch - 11 a.m. to 1:30 p.m. Beef Fajitas, Roast Turkey, Breaded Pork Chops, Cheese Enchiladas

Jalapeno Corn Bread, Broccoli Dinner -5 to 7 p.m. Polish Sausage, Mexican Chicken, Herbed Cornish Hens, Braised Beef & Noodles, Steamed Rice, Potato Frittata, Egg Noodles Spanish Rice, Seasoned Broccoli, Cauliflower Combo

Baked Potatoes, Mexican Rice, Mashed Potatoes, Savory style beans

Jalapeno Corn Bread, Slice Carrots, Savory style beans,

WEDNESDAY – MAY 6

Lunch - 11 a.m. to 1:30 n.m.

BBQ Beef Cubes, Jaegerschnitzel, Turkey Roast, Grilled Potato Patties, Cheese Ravioli, Baked Potatoes, Steamed Rice, Mashed Potatoes, Tempura Vegetables, Peas Dinner -5 to 7 p.m.

Yankee Pot Roast, Baked Tuna & Noodles, Spinach Lasagna Grilled Bratwurst, Tossed Green Rice, Fried Rice, Oven Brown Potatoes, Club Spinach, Corn THURSDAY- MAY 7

Lunch - 11 a.m. to 1:30 p.m. Swedish Meat Balls, Sweet & Sour Ribs, Baked Ham, Orange

Glaze Cornish Hen. Mashed Potatoes. Brown Rice, Glaze Sweet Potatoes, Corn, Broccoli Dinner - 5 to 7 p.m.

Chicken Chow Main. Spaghetti w/Meat Sauce. Veal Steak.

Simmered Corned Beef, Red Beans & Rice, Steamed Orange Rice, Mashed Potatoes, Steamed Cabbage, Okra **Defense Technology and**

Calendar of Events

MAY 1

Free portraits of military

Texas photographer Karen Stannard, owner of Beautifully Scene Images, will offer free portraits for families in the San Antonio area and will print a 5-by-7 print and two wallet sized prints for the Family to send overseas in time for Mother's Day or Father's Day. Families wishing to participate in the free portrait program can go to the Hemisfair Park entrance May 1 between 10 a.m. and 6 p.m. For more information, call 279-2494 or visit photos@beautifullyscene.com.

MAY 5 San Antonio Military

Veterans in the Classroom iob fair

MAY 6

10 a.m. to 2 p.m. at the Sam

Base Officers' Club and May 7

fairs are for job seekers with any

federal security clearance, infor-

neering, aerospace, scientific,

mation technology, technical, engi-

communications, military, govern-

For more information or to pre-reg-

ister, visit www.transitioncareers.

ment or intelligence background

Community Intelligence Career Fairs

from 2 to 4 p.m. at the Gateway Club, Lackland Air Force Base. San Antonio Military Defense Representatives from various uni-Technology and Intelligence will versities, colleges and alternative host three career fairs, May 5 from teaching certification programs will be present to answer ques-Houston Club; May 6 from 10 a.m. tions on becoming a certified to 2 p.m. at the Randolph Air Force teacher in Texas. Local school dis tricts will also be present to talk from 10 a.m. to 2 p.m. at Lackland about job openings. The job fair is Air Force Base Security Hill, Kisling open to all Department of Defense Community Center. These career I.D. card holders. For more infor-

671-3722.

San Antonio Chapter of **Tuskegee Airmen**

mation, call Margaret Ozuna at

The 37th Training Wing will

host the USAA-sponsored Veterans

in the Classroom job fair May 6

The San Antonio Chapter of Tuskegee Airmen, Inc. will hold its monthly meeting May 6 at 6:30 p.m. at the Kendrick Club, Tradition Room, Randolph Air Force Base. The meeting is open to all interested parties. For more information, visit www.sactai.com.

Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus. army.mil or fax to 221-1198. Freebies can only be ran twice. Limit of five items per entry. For more information, call 221-0546.

For Sale: Upright Baldwin piano, dark wood, very good condition, price negotiable; authentic framed butterfly collection. Call 828-2922.

For sale: Queen-size reversible comforter, with two shams and dust ruffle, dark blue floral pattern, \$40. Call 495-2296.

For Sale: Craftsman lawn tracker, 42 inch cut, 20 HP, Kohler engine, excellent condition, originally \$2,400, selling for \$1,350 firm. Call Master Sgt. Bob Blume at 270-312-8373.

For sale: Abs lounger two, \$30; Image elliptical machine, \$100; small round table with two chairs, \$30; highchair, pink, \$25. Call 832-8539.

For Sale: Warrior hybrid golf clubs, 2-3-4-5 woods, left-handed, graphite shaft, like new, \$250;

Warrior 3-9PW irons, 1-3-5 woods, bag and putter, \$165; Two meter transceiver, model IC260A, all band with power supply, \$200. Call

For Sale: Full-length running boards for 2006 F150 pick-up, chrome on black, like new, \$145. Call 221-3549.

227-6590.

Free: Large wood desk, 5 feet wide by 30 inches deep. Come and take it away. Call 475-9973.

Free: Labrador retriever puppies free to good home, not pure bred, unknown mix, no shots, will be ready May 7. Serious inquiries, call 563-1232.

Yard Sale: Multi-family yard sale May 2 from 7:30 a.m. to 1 p.m. at 513 Dickman Road, Fort Sam Houston.

MWR from P14

samh.acs.mob.deploy@conus. army.mil.

MAY 7 Time Management 101

The Family Employment Readiness Program will offer Time

Religious **Briefs**

PWOC meets

The Protestant Women of the Chapel is a Christ-centered group that encourages women to grow spiritually within the body of Christ through prayer, the study of God's word, worship and service. A Bible study is held Wednesdays from 9:30 to 11:30 a.m. and Thursdays at 6:30 p.m. Child care is provided. For more information, call 221-5007.

Volunteers needed

Volunteers are needed for the Crocodile Dock Vacation Bible School camp June 15 to 19 at Dodd Field Chapel. No experience is necessary. A first aid class will held May 30 for all volunteers. For more information or to volunteer, call Brian Merry at 221-5006 or e-mail brian.r.merry@us.army.mil.

Management 101 May 7 from 9 to 11 a.m. at Army Community service, Building 2797. This training will provide valuable information on topics varying from time management, goal setting and organization. For more information or to register, call 221-0516 or 221-0427.

Classes target step-Families

Blending two Families can be challenging, Army Community

Service Family Advocacy Program offers classes aimed at making the transition easier and more effective. Active Parenting for Step-Families, a six-part series will begin May 7 from 11 a.m. to 12:30 p.m. is the class is designed to help the family dynamics, evolving roles, and the joys that can come from a step-Family. For more information or to register, call 221-0349.

Help for parents of teens

APRIL 30, 2009

Systematic Training of Effective Parenting for parents of teens is a four-part series offered by Army Community Service Family Advocacy beginning May 7 from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. S.T.E.P. will help parents discover specific stills to deal with real teen issues and to communicate with teens more effectively. For more information or to register, call 221-0349.



Main Post Chapel, Building 2200, 10:30 a.m. - Gospel Protestant 221-2754

Catholic Services: 4:45 p.m. - Reconciliation - Saturdays 5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays **Protestant Services - Sundays:** 8 a.m. - Collective Protestant 11 a.m. - Collective Protestant

Jewish Services: 379-8666 or 493-6660 8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432 Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study -Mondays 12:30 p.m. - Mass - Sundays **Protestant Services:**

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided

6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays. child care is provided Samoan Protestant Service:

8:30 a.m. - Sundays

Thursdays

Brooke Army Medical Center Chapel, Building 3600, 916-1105 **Catholic Services:**

8:30 a.m. - Mass - Sundays 11 a.m. - Mass - Sundays **Protestant Services:** 10 a.m. - Worship Service - Sundays Episcopal/Lutheran Rite services: 12:30 p.m. - Traditional worship -

Center for the Intrepid, first floor, 916-1105

Christ for the Intrepid services: 5:30 p.m. - Coffee and fellowship -Sundays

6 p.m. - Contemporary worship -Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362 32nd Medical Brigade Student Catholic Mass: 8 a.m. - Sundays **Contemporary Protestant Service:** 9:30 a.m. - Sundays Muslim Jumma: 1:30 p.m. - Fridays

Fort Sam Houston Library. **Building 1222, 221-4702** Church of Jesus Christ of Latter Day Saints: 8:30 a.m. - Sundays

Installation Chaplain's Office, Building 2530, 295-2096 Contemporary Protestant: 11:01 a.m

> Web site: www.samhouston.army.mil/ chaplain

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